

Minor Injury Guideline

What is the MIG?

A guideline that pre-approves the treatment of uncomplicated musculoskeletal injuries to avoid delay in the approval process.

Minor Injuries

Sprain / Strain
Whiplash
Whiplash Associated Disorder
Contusion / Abrasion
Subluxation

Payment Blocks

Authorized payment amounts for therapists

Initial Visit – up to \$215
Block 1 (Weeks 1-4) - \$775
Block 2 (Weeks 5-8) - \$500
Block 3 (Weeks 9-12) - \$225
Goods and Services – up to \$400
MIG discharge report – \$85

Contact us at
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Step into the Circle of Care

www.bodypoets.com

613-222-0465



Motor Vehicle Accident Case?

We have you
covered!

Direct Billing to Auto
Insurance Companies:
What you need to know

What you should know

NOTE: Please submit your OCF-1 prior to or right after the initial visit. We cannot submit further forms until the insurance agent has received it.

What to expect on your first visit after your accident

On your first visit, you will fill out an auto insurance intake form, go through a thorough assessment, and receive an appropriate massage treatment. The full appointment will be 75 minutes.

What information do you need to provide?

We will need the following information to properly fill out the forms for the insurance company:

- Policy #
- Claim #
- Insurance company name and branch
- Adjuster's name and contact information
- Initiating health care practitioner information

Please have this information at your first visit, or provide it for us in a timely fashion.

Who is your Initiating Health Care Practitioner?

Due to auto insurance regulations, Massage Therapists require an "initiating health care practitioner" to sign an MVA treatment plan. This could be any of the following:

- Family Doctor
- Nurse practitioner
- Chiropractor
- Occupational Therapist
- Physiotherapist
- Dentist

Let us know if you are also seeking care from one of these practitioners. This may affect the billing process.

If you are seeing another Health Care Practitioner

We support an inter-disciplinary approach to healing. We will need to get in touch with your other health care practitioner to create one cohesive treatment plan.

What is covered?

The approved plan will cover a portion or the full amount of; your initial visit, any further treatments required, and products that aid your recovery. We charge an hourly administration fee for the completion of MVA forms, which is covered. Until a plan has been approved, we require full payment of fees incurred. You will be reimbursement upon approval.

How much is approved?

If you fall within the Minor Injury Guideline (MIG) you will be approved for a total of **\$3500**. The first \$2200 is allotted during specific 4-week payment blocks.

View inside panel for more information.

The remaining \$1300 can be accessed after the initial 12 weeks if further assessments and treatments are required.